



# Tussimont TEA FOR COUGHS

## Product information

Reg. No.: HERB-00029  
Size of package: 20 tea bags à 1,8 g  
Application: Tea mixture.  
For sale in pharmacies only.  
Traditional herbal medicinal product.

### DESCRIPTION

**TUSSIMONT TEA FOR COUGHS** is a mixture of tried and tested herbs (thyme, ribwort plantain, marshmallow root and aniseed) which assists with mucous obstruction of the airways and cough. The tea is enriched with honey-vanilla-flavouring and is particularly pleasant during the cold season.

### EFFICACY

**TUSSIMONT TEA FOR COUGHS** is a mixture of herbs which have been used to treat colds from ancient times. Marshmallow and ribwort plantain contain soothing mucilaginous substances.

Aniseed and thyme are rich in essential oils which have a soothing effect on the airways, loosen tenacious mucous and thus relieve coughs. Aniseed and thyme also have an anticonvulsive effect.

### INDICATIONS

**TUSSIMONT TEA FOR COUGHS** is a traditional herbal product which assists with mucous obstruction of the airways and cough.

### INTERACTION, CONTRAINDICATIONS, PREGNANCY AND BREASTFEEDING

Do not use **TUSSIMONT TEA FOR COUGHS** in the case of hypersensitivity to any active ingredient or excipient or other lamiaceae as sege, melissa or peppermint.

No interactions are known.

The intake of **TUSSIMONT TEA FOR COUGHS** during pregnancy and lactation is not recommended as no data exist on the safety of the application.

### WARNINGS AND PRECAUTIONS

If breathlessness, fever or ucerous sputum occurs, a doctor has to be consulted.

The application for children below the age of 2 is not recommended as no data exist on the safety of the application.

Keep out of the reach of children.

### DOSAGE, METHOD AND DURATION OF USE

#### Dosage:

Adults and young people from the age of 12 take one cup up to five times a day.

Children from 2 - 11 years take one cup up to three times a day.

#### Preparation:

Boiling water is poured over one tea bag per cup, the tea is left to infuse for 5 minutes while covered. The tea can be sweetened with honey, sugar or a sweetening agent according to taste. Drink the tea lukewarm. **TUSSIMONT TEA FOR COUGHS** should be prepared fresh and be drunken within 12 hours.

### SIDE EFFECTS

Allergic reactions of the skin and airways as well as gastric disorders could be observed in the application of aniseed and thyme. The frequency of occurrence is not known.

### COMPOSITION

100 g **TUSSIMONT TEA FOR COUGHS** contain:

- 24,15 g thyme
- 19,35 g ribwort plantain
- 24,15 g marshmallow root
- 24,15 g aniseed

Bitter-orange epicarp and mesocarp, vanilla and honey flavour are used as excipients.

### PARTICULAR STORAGE INFORMATION

Note the expiry date.  
Keep the tea bags protected from light and store in the outer box.  
Do not store above room temperature (25°C).

### TUSSIMONT TEA FOR COUGHS

- soothing
- expectorant
- with tried and tested herbals
- with honey and vanilla flavouring



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